



October 2024

Bend In-Person Dining



Monday	Tuesday	Wednesday	Thursday	Friday
	1st No In-Person Dining	2nd Chinese Chicken Salad Roll with Butter Fortune Cookie	3rd Cheeseburger Lettuce & Tomato Roasted Brussels Sprouts Betty's Pumpkin Cake	4th Baja Fish Tacos Pinto Beans Mexican Street Corn Salad Pineapple & a Churro
7th No In-Person Dining	8th No In-Person Dining	9th Chef's Salad with dressing Whole Wheat Roll with butter Cinnamon Applesauce	10th Chef's Special	11th Chicken Tinga Tacos Spanish Rice & Refried Beans Honey Lime Slaw Fruit Salad & a Cookie
14th No In-Person Dining	15th No In-Person Dining	16th Cheese Ravioli with Wild Mushroom Cream Roasted Carrots Marinated Artichokes Yogurt & Grapes	17th Chicken Enchiladas Calabacitas Tortilla Chips Pico de Gallo Pineapple	18th Turkey Chili Baked Potato Cornbread Creamy Coleslaw Melon
21st No In-Person Dining	22nd No In-Person Dining	23rd Steak Fajitas Spanish Rice Tortilla Chips Salsa Verde Fruit Salad	24th Roasted Chicken Thigh Mashed Potatoes Seasonal Vegetables Breadstick with Butter Marinated Artichokes Peach Crisp	25th Lemon Dill Cod Herbed Brown Rice Steamed Broccoli Garden Salad Oranges
28th No In-Person Dining	29th No In-Person Dining	30TH BIRTHDAY CELEBRATIONS Chef's Special 	31ST HALLOWEEN PARTY Butternut Squash Ravioli Buttered Lima Beans Cottage Cheese Garlic Toast S'mores Cookie 	 <i>Milk, coffee, or tea available with each meal</i>