

August 2024



SISTERS MOW & In-Person Rev. 7/12/24

Monday	Tuesday	Wednesday	Thursday	Friday
5th	MOW, In-Person & Grab N' Go 6th	MOW & Grab N' Go 7th	MOW & Grab N' Go 1st Chicken and Sausage Jambalaya Steamed Vegetables Carrot Sticks Cornbread with Butter Fresh Grapes Milk 8th	2nd Frozen Meal Milk 9th
Frozen Meal Milk 12th	Baja Fish Tacos Spanish Rice Pinto Beans Honey Lime Slaw Churro Milk	Hungarian Goulash Roasted Vegetables Oyster Crackers Banana Bread Orange Milk 14th	Chef's Special Milk 15th	Frozen Meal Milk 16th
Frozen Meal Milk	Creamy Tomato Gnocchi Steamed Vegetables Yogurt Fresh Berries Biscotti Milk	Turkey Burger with Cheese Lettuce and Tomato Roasted Corn Succotash Fresh Fruit Milk	Chef's Special Milk	Frozen Meal Milk
19th Frozen Meal Milk	20th Pork Pozole Calabacitas Tortilla Chips with Pico de Gallo Pineapple Milk	21st BBQ Pulled Chicken Sandwich Baked Beans Marinated Artichokes Coleslaw Peaches Milk	22nd Swedish Meatballs Egg Noodles Steamed Vegetables Cucumber Salad with Dill Rye Bread with Butter Fresh Berries Milk	23rd Frozen Meal Milk
26th Frozen Meal Milk	27th Falafel Bowl Roasted Vegetables Israeli Tomato Salad Grapes Baklava Milk	28th Chef's Special Milk	29th Don's Meatloaf Smashed Fingerlings Roasted Green Beans Whole Wheat Biscuit with Butter Coleslaw Grapes Milk	30th Frozen Meal Milk